

February 2012

# Carolina country

## Valuable discount card inside

- Save 10–85 percent on prescriptions
- Plus enjoy savings at national chain stores, restaurants & more!



See center pages

**Free savings  
card inside!**

# More Savings on More Services!



## Your Co-op Connections Card Includes Healthy Savings Discounts!

Your Co-op Connections card not only offers discounts at local and national merchants and savings on prescriptions. It also offers significant savings on dental, vision, hearing, lab & imaging services and chiropractic work!

### How the Healthy Savings Program works:

Simply show your Co-op Connections Card at a participating provider and you will receive a discount. It's that easy!

### Locating Program Providers

To locate providers that participate in the Healthy Savings program, visit [www.RandolphEMC.com](http://www.RandolphEMC.com), call 800-800-7616 or visit [www.HealthySavings.coop](http://www.HealthySavings.coop). Be sure to have your Co-op Connections Card handy.



### Prescriptions

By using your Co-op Connections Card, you will receive a 10% to 85% discount on prescription drugs at over 60,000 national and regional pharmacy chain stores including CVS, Walgreens, Walmart, Target and many more.



### Dental Care

Save 20% to 40% on most dental services including orthodontics, periodontics and endodontics.



### Vision

Get 20% to 60% savings on eyewear.



### Hearing Aids

Discount of 35% off hearing aid prices at 2,000+ Newport Audiology Center locations.



### Lab Work and Imaging

Savings of 10% to 60% off usual charges for MRI, CT and other lab procedures.



### Chiropractic

Take advantage of 30% to 50% savings on diagnostic services and treatments.

### This is not insurance nor is it intended to replace insurance.

This discount card program contains a 30 day cancellation period. This plan provides discounts at certain healthcare providers for medical services. This plan does not make payments directly to the providers of medical services. The plan member is obligated to pay for all healthcare services but will receive a discount from those healthcare providers who have contracted with the discount plan organization. For a full list of disclosures, visit [www.healthysavings.coop](http://www.healthysavings.coop). Discount Medical Plan Organization: New Benefits, Ltd., Attn: Compliance Department, PO Box 671309, Dallas, TX 75367-1309.



# There's Even an App for That!



## Search using your iPod or Droid

The Co-op Connections program allows consumer-members to obtain details about online, national and local discounts offered by participating Touchstone Energy cooperatives across the country. Use this app to find discounts right at home—or anywhere you travel.

## Where can I find the app to download?

The Co-op Connections Card app download is on the [www.connections.coop](http://www.connections.coop) website. You will find it on the left-hand side below the search function box. The app is compatible with iPod or Droid devices. For more technical requirements or version details, visit [www.connections.coop](http://www.connections.coop).

# Cooperative members have saved **over \$10 million** on prescriptions since the Co-op Connections<sup>®</sup> program began in May 2007

## **What is “Co-op Connections<sup>®</sup>”?**

The Co-op Connections card is a discount card that brings value to members of electric co-ops. Co-op Connections is a new program that helps you receive discounts on products and services from participating local pharmacies and national businesses.

## **Free to all members**

Each member of Randolph EMC receives the Co-op Connections card free. There's no sign-up. No annual fees. You get your Co-op Connections card simply because you're a member of Randolph EMC.

## **Valuable discounts**

- Your card also entitles you to substantial pharmacy discounts nationwide!
- Show your Co-op Connections card and get valuable discounts from participating businesses.
- Watch for updates in Carolina Country magazine and on our website at: [www.RandolphEMC.com](http://www.RandolphEMC.com).



*Turn to the center pages of this magazine to find your Co-op Connections discount card. Questions? Contact Randolph EMC at 800-672-8212 or visit [www.RandolphEMC.com](http://www.RandolphEMC.com).*



# watts working

The Monthly Newsletter for Members of Randolph Electric Membership Corporation

## Burn Center Visits Inspire Giving

North Carolina's electric cooperatives have long been supporters of the North Carolina Jaycee Burn Center in Chapel Hill. The center provides state-of-the-art burn treatment and rehabilitation for patients who have had severe and life-threatening burns and provides burn prevention education. Each year, the general managers from North Carolina's Touchstone Energy cooperatives hold a golf tournament to finance the sponsorship of the Burn Center and its programs.

As you can see, Randolph EMC is no stranger to the Burn Center. When a Randolph EMC lineman recently spent time there during the holidays, the cooperative's employees and directors were inspired to show a little extra support for the center.

With little time to spare, members of the co-op family rallied together to collect donations for the patients and staff who would not be able to spend Christmas at home.

A total of \$3,071 was collected from employees and directors and was used to provide fruitcakes for staff members, gift cards for each patient's family, and various toys and craft kits for the kids spending their holiday in a hospital room. A group of employees

gathered at the Burn Center on Christmas day to deliver the gifts.

REMC had a remainder of \$1,160 after purchasing the gifts. That money was donated to the N.C. Jaycee Burn Center Family Assistance Fund, which helps the families of long-term patients with travel and other expenses.

"We just wanted to do something to help make these folks' holidays a little bit brighter," said Dale Lambert, REMC's Chief Executive Officer. "So many of our employees visited the Burn Center and came back saying, 'What can we do to show our appreciation and support?' Well, once our employees and directors found out they had the opportunity to help, we were overwhelmed with the response we got. I think this is a great example of the cooperative spirit at work."

*Above, REMC employees and their families deliver gifts to the NC Jaycee Burn Center on Christmas day. Pictured left to right: Dr. Bruce Cairns, Julia and Dennis Kidd, Mike Hodges, Jeff Parks, Dir. of Clinical Operations Marylee Baker, and Kyle, Shelley, Lily and Noah Greene.*



Your Touchstone Energy® Cooperative

in this issue	
Co-op Connections Offers	B
Conservation Corner	C
Dale Lambert's AWARE Column	D

**You're just one page away from your Co-op Connections® Card!**

# Use your Co-op Connections Card for deals like these and more!



Please keep in mind that many of these offers are only valid online or over the phone, and may not be redeemable in stores.

Visit the [Co-op Connections link from RandolphEMC.com](#) for complete details about these and other offers.

Business	Offer
<b>1-800-PetMeds</b>	Save 10% on all purchases
<b>Advance Auto Parts</b>	\$20 off \$75, \$50 off \$200
<b>Alamo Rent A Car</b>	Save up to 20% and other special offers like one free weekend day or free upgrade.
<b>Co-opOutlet.com</b>	20% off regular website garment pricing, on work wear orders online
<b>DISH Network from Connect Your Home</b>	New customers receive a \$75 VISA gift card, FREE standard installation, FREE HD for life and more
<b>Energy Federation Incorporated</b>	20% off your total order
<b>Footaction</b>	\$15 Off \$75
<b>Hertz</b>	Discount code for cardholders, plus additional savings such as \$20 off a weekly rental or up to \$15 off a weekend rental of any car class
<b>Pet Assure</b>	Reduced rates of \$79/year or \$7.95/ month
<b>ProFlowers</b>	15% savings online
<b>Six Flags Theme Parks</b>	Discounted tickets at any park in the U.S.
<b>Sprint</b>	Save 15% on Sprint or Nextel monthly services.
<b>Wyndham Hotels</b>	20% off the "Best Available Rate" at participating locations

## SWAPSHOP

### For Sale

Motorized walking treadmill with upper body arms. Variable speed & incline. Digital time, distance, & speed display. GC \$200. 336-625-6182.

Hammond Electric Organ with Leslie \$600. Antique Story & Clark Pump Organ \$400. Console Stereo with 8 track tape player, radio, & LP player \$100. Set of 4 oak side planks to fit short bed truck \$100. 6-inch floor tiles, gray, \$1.00 per sq ft. 910-428-9384.

PBC-FCMA-QL Projector Mount with False Ceiling Adapter \$125. 336-625-0981 x2232.

50 lb bag feed wheat \$8.50 per bag. 336-622-2480.

Little Wonder Blower, three wheel, 9 HP Honda. Like new. \$695. 336-362-3342.

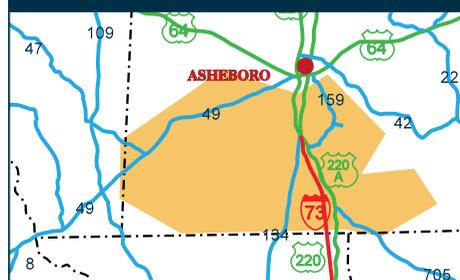
3,000 Red Sex Link pullets (young, laying age chickens), brown egg layers, vaccinated & debeaked. \$6 & up. 336-708-2998.

**FOR SALE or RENT:** 3 bedroom, 2 bath Woodrun on Tillery Mt. Gilead. gyates@embarqmail.com.

**WANTED:** Will purchase 1991 & later-model mobile homes. 910-464-3459.

Members, email Swap Shop items to [General@RandolphEMC.com](mailto:General@RandolphEMC.com)

## FEBRUARY SMART METER INSTALLATIONS



Crews will be installing smart meters in the highlighted areas during February.

## CONTACT US

Electric Service:  
 Asheboro .....(336) 625-5177  
 .....(800) 672-8212  
 Robbins Area: .....(910) 948-3401  
 .....(800) 868-7014  
 Power Failures: .....(877) REMC-OFF  
 (1-877-736-2633)  
 Bill Payments: .....(877) 534-2319

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 8:00 am – 5:00 pm | Monday–Friday

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## Revealing R-values

When the weather's brisk, it's smart to wear a coat. Your home needs the same kind of protection, too—insulation to keep cold air out and warm air in. Just as a coat closet features thin jackets for fall and heavy jackets for winter, different types of insulation, ranked by R-value, exist to keep your home comfortable and your electric bills affordable.



R-value reflects the ability of insulation and other parts of your home, like windows, to resist the transfer of heat. The rating depends on material, thickness, and density, and a higher R-value indicates more effective insulation. Multiple layers of insulation may be combined for a higher cumulative R-value.

Just as fur keeps animals warm, insulation holds heat in (or out) of a building. Fur is a collection of hair—tiny hollow cylinders. Air fills the cylinders and spaces in-between. The smaller the space for air in between the cylinders and the more spaces there are (longer hair equals more space), the greater the insulation.

Building insulation works on the same principle. Fiberglass insulation, for example, exists as a collection of hollow fiberglass cylinders.

Be careful to preserve the air—the bulk of your home's protection—when installing insulation. When an installer squeezes 3 in. of insulation into a 1-in. space, critical air pockets are eliminated. Insulation must be installed correctly to maximize protection—and electric bill savings.

## Don't Miss Out on a Once-in-a-Lifetime Basketball Experience from Touchstone Energy

### Who

Male & female students in 6th, 7th or 8th grades



### What

Two scholarships to the Kellie Harper & Roy Williams Basketball Camps

### When

Summer, 2012

### Where

*Kellie Harper Camp:*  
On campus at N.C. State University

*Roy Williams Camp:*  
On campus at UNC-Chapel Hill

### How much FREE

### How to apply

Download an application at RandolphEMC.com or stop by our Asheboro or Robbins offices

**Hurry—the Deadline for Applications is March 31!**

## Keep Air Flowing for Savings

### Q Should I close off my vents and rooms to save energy?

**A** Years ago, people would save energy by closing off portions of their homes that were not being used. This occurred usually in the winter when people would huddle around a fireplace or wood stove and close off other non-heated rooms.

While this may have worked with older, non-insulated homes, it doesn't work with today's forced air heating and cooling systems.

A 2003 study by the Lawrence Berkeley National Laboratory found that closing registers actually led to *increased* energy use for a typical California house because closing off registers increased pressure for the whole system, causing air leakage in the ducts located outside the conditioned space.

To save energy on heating and cooling costs, check your insulation levels and consider sealing the areas around your home's exterior.

For more energy-saving ideas, visit [www.TogetherWeSave.com](http://www.TogetherWeSave.com).

# a word about Randolph Electric

by Dale Lambert



## New Co-op Connections® Card Puts Value in Your Wallet

Dear Members,

As your electric cooperative, it's important for Randolph Electric to provide members with safe, reliable power, but our service goes well beyond the wires. Support for the communities we live in is important to us, too, and whenever we have the opportunity to make a positive impact on those communities, we take it!

The Co-op Connections® Card that you're receiving in this month's *Watts Working* is something that we feel will add tremendous value to your membership. When you show this card at participating local and national businesses, you'll receive the discount that the business has agreed to offer—it's that simple.

We're not just talking a couple of pennies here and there. These are real savings on things like prescription medications, vision and chiropractic care, and lab and imaging work. You can also save at restaurants, hotels, hardware and retail stores, and on services like security monitoring and satellite TV subscriptions. And for all you coupon-clippers out there, you'll have access to hundreds of valuable coupons right from our Web site to help you save on your groceries. All because you're a member of Randolph EMC, and all at no cost to you.

One of the most valuable features of the Co-op Connections Card is the pharmacy discount. It's not insurance, but the discount can mean savings of 10 to 85 percent on prescription drugs. The logo and information on the back of your card is recognized at more than 60,000 national, regional,

and local pharmacies. Even folks with insurance might find that their medicine is less expensive using the Co-op Connections Card!

If you're a business owner and you would like to offer Co-op Connections cardholders a discount or other offer, please contact us and we'll list your offer on the site at no cost. This is a great way to let folks know about your business and give them a good deal in the process. We are working on adding new local deals every day, so be sure to check the site often.

We know that times are tough and it seems like prices are going up on almost everything. That's why we feel that the Co-op Connections Card is a great benefit for our members. We hope that you'll find that the card can help out with things that you frequently use and that you'll support our local businesses.

We're available to answer any questions you have about the card and how to take advantage of the discounts it provides. Be sure to visit [www.RandolphEMC.com](http://www.RandolphEMC.com) for information about the card, a list of frequently asked questions, and all of the links to look up which businesses are participating in the program.

This is just one more way you win from being a cooperative member—have fun saving!

Cooperatively yours,

Dale F. Lambert  
Chief Executive Officer